



## *Light of the Lily*

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The Cosmic Christ –

### The Third Blessing for Water (Holy Spirit)

In the third water blessing method, you don't fill the bottle or container at first. Again, remember to use only containers that are all glass inside. A little bit of metal on the outside as connectors or whatever, or a plastic sleeve on the outside is okay; just make sure nothing except glass is actually touching the water inside.

You put the glass container in front of you. It's important not to have any water near you at this point. So the container is empty, and you don't have water anywhere around. All you do is say to the container: "**Fill with the Holy Spirit.**" The container is a living thing, too—*everything* has Spirit; *everything* is living. You say to the container, "Fill with the Holy Spirit," and you wait a pretty long time, like a couple of minutes. Just have a sense of when it's complete, but it can take a minute or two—that's about right. Err on the long side, if you don't feel attuned to it.

After waiting, then you say, "**May I have permission to bring in the water element?**" Then you just listen. You'll hear it; trust yourselves! You ask, "May I have permission to bring in the water element?"--and you'll get a strong sense that you need to pick up the bottle and go fill it. Then you just go fill it.

If you don't feel that strong sense of permission, it just means the Holy Spirit didn't complete. You need to start over from the beginning, and wait five minutes. After five minutes, you'll be able to fill it.

I expect that if you wait between one and two minutes it'll be fine--and you'll just know. You'll just pick up the container and go fill it. Do it with confidence, with Holiness, and do it with a strong sense that you've been granted that permission.

When you bless your water with the Holy Spirit in this way, the water should only be used for drinking. Don't use it for other purposes; it's only for drinking. You could drink as much as you want. You could spend a whole day working with the Holy Spirit and the water element that blessed water. You could drink it all day—all day, all night, it wouldn't matter. So that's the third one.