



Light of the Lily

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The Cosmic Christ –

The Fourth Blessing for Water (Speaking to the Container)

The last two blessings are different from the first three. These last two have to do with Earth, so its blessed water, but it has to do with the blessedness of Earth. The first three are more of Spirit, the power of God, the Presence of God, the realization of God; it's very much God-focused. It's not that the last two aren't also God-focused, because Earth is God, but they are a more Earth-based way of blessing, a little bit more grounded. The first three can make you a little dizzy sometimes, because it's so high; the frequency is so high. The increased vitality of the water you're taking in is going to affect your cellular experience. All of that is very much on the upper reaches of the way we can experience water, blessed water.

The last two blessings are a little bit more grounding. Sometimes, for example, you need this when you're doing some inner work and you just feel like you're everywhere at once and you're having trouble grounding; or maybe as you evolve and you expand your consciousness, you can have times when you feel like, "God, am I here, or not?" You know, you might feel a bit wobbly, or you stumble or trip, or you feel a little bumbling. Some of that can be that you're having trouble grounding the higher Divine that's coming in—because in the expansion of consciousness, it's the return of the Divine that you are, an ever-greater return—that's what consciousness is. You simply *are*. It's the great way of being; you simply are complete. And so with those greater and greater, higher and higher frequencies and experiences, sometimes you need to ground. The last two Earth-based methods give you good blessed waters for grounding.

So here's how to do the first Earth-based water blessing. Using a glass container, you fill the container and you put it outside. It doesn't matter what time of year it is. In this case, if you were to go outside and you're in sub-zero temperatures, it doesn't matter if

it freezes. You're not adding ice to it, you're not putting it in the fridge—these are mechanical means of changing the temperature. If it's Nature and the temperature changes and it freezes, that's okay. It has to be outside, for the first one of these last two. It has to be outside for at least 4 hours. It can be night or day; it's being outside that makes a difference. And make sure that the container is closed. You don't have to keep it closed once it's blessed and you're ready to use it, but it has to be closed when it's outside. So it's outside at least four hours. It can stay 24 hours, but don't leave it more than 24 hours--spring, summer fall, winter. Four hours is the minimum, 24 hours is the maximum for this one.

Once you bring it back in, all you do is you say to the bottle, the container, **“Thank you for this. Thank you for gifting me in this Holy way.”** Now you don't have to use those exact words, but that's what you need to communicate to the container. “Thank you for this. Thank you for gifting me in this Holy way.” That's to the container. You don't speak to the water, all right? What needed to be done in the blessedness of this has been done. You don't have to do anything more with the water, but to that which holds the water. And then you go ahead and use it. It's really simple.

Sometimes the water will taste kind of sweet. It'll have a little bit of sweetness in it. It's subtle; it's not like you poured honey in it, or sugar or whatever—but it will take on a little bit more of a sweet quality. It will also be more balanced. It's blessed, yes, that's what we were looking for, but interestingly, it's also more balanced. If there are minerals in it, they'll find their right place in the order of the water. If there's something in the water that isn't beneficial to you, it'll be neutralized—because with water systems, you never really know anymore. If they added chlorine, the chlorine wouldn't be there. It would be removed. Anything that is not that perfect formula that the water in its most natural state is meant to be here, to be represented here, will be moved, re-ordered, or taken out. This is actually done by Earth. It's Earth.

Now I'm supposed to tell you—let's say that you're camping and there's a lake. Don't do this with lake water. If you're camping and you're by a river, don't do it with river water. If there's a waterfall, you could do it with the water from the waterfall, if you're out in Nature. Otherwise you just want to stick with your local hose or your kitchen tap or your spring water. That's pretty much all for that one.

You can do a variety of things with the blessed water from both of the Earth-based blessings. You can use it in your garden, for example. Don't garden with the first three, but you can garden with the last two, because they are Earth-focused blessings. So if you were to grow things, you could have a large container of water and bless the whole thing, then use it to nurture your growing things. If you have fruit trees, they would love

that; they really would. Your fruit trees would just be so happy—with either of the last two.

You can also use blessed water from these last two to cook with; you could make your spaghetti in it. You don't want to add things to it; don't use it for Kool-Aid or to make fruit juice from concentrate. You don't want to use it for that, but you can cook with it. You'll know. You've got to trust yourselves. You'll know when to use water from either of the last two blessings. So gardening, cooking, yes...but I wouldn't make tea out of these. I wouldn't recommend that you make tea out of these, or that you bathe your feet or wash your hair. That kind of thing I wouldn't do.

However, having said that, you could use these for therapeutic purposes. If you have an ache, a pain, you need some clearing, you're emotional--you could administer this water to the temple in a way that's therapeutic—a cloth, a heating pad, something across the head or brow. It can be very therapeutic. In the way that these are therapeutic, they are grounding, still, and that grounding element of the way the blessedness of these two methods work is part of what you're receiving therapeutically. And you're just going to have to tune in and know when it's time to use these, and when it's time to use the higher ones.