



Light of the Lily

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The Cosmic Christ –

The First Blessing for Water (Thy Will Be Done)

First of all, use a glass container, not plastic, not metal. You can use any kind of water, except not distilled. You can just use vital water from the tap or spring water—there’s really no difference, just so you know—except you can’t use carbonated water or distilled water. It needs to be pure Source water in a glass container. Fill the container about 2/3 full, and then what you do is put one hand on each side of the container, palms down, resting your palms on the surface of whatever the container of water is sitting on (the table, counter, shelf, etc.)

You look at the left hand first, and you say, “**Thy Will be done,**” and then you wait—a nice long pause (maybe 10 seconds). Then you visually shift your focus to the right hand, and move the left hand over to where the right hand is, on the right side of the container. You put the left hand on top of the right hand, which is still resting on the surface, and then you say, *very, very gently*, “**Thy Will be done in me.**” It’s important to say this *very gently*. Then you pause again, as you did with the left hand; you just wait 10 seconds or so—a long pause.

Then you shift your focus to the water in the container. You don’t move your hands; you simply move your visual focus from the hands (still left hand on top of right) to the water--it could be any point in the water, not a specific point--and then to the water, you say, “**I AM.**” Then you’re done. The water is blessed, in that instant.

Now the reason you don’t fill the container all the way is because *God is filling the rest of the container*. So the water is blessed, but it’s blessed in the highest potential of its expression. The reason for that is that you’ve left room for God to fill the rest of the container. It’s *extremely* powerful; *extremely* powerful. As soon as you have shifted your focus to the water and you say, “I AM,” the remaining part of the container that you left empty fills with God, and the water is blessed. It’s really quick, and *super*-powerful.

When you do this blessing and your water is blessed, you can use the water right away, but don't ever refrigerate it; don't ever put ice in it; don't ever add anything to it. Once blessed, you just have to honor it as a Source Presence. You don't want to add anything to the water. Don't add more water to the container that has been blessed. If you need more blessed water, just empty the container, refill it 2/3 full with fresh water and do the blessing again; it's quick and easy. You don't want to top the bottle off, because that's God. You don't want to fill what appears to be empty space. That's the Source expression. That water becomes Source expression. It's *very* powerful.

It's very powerful, but it wouldn't harm you. It's just that you have to recognize that it's very powerful. When you're given something in Spirit that's that powerful, you just want to be honoring when you drink it. Don't slurp it down or spill it or throw it out. You know, you honor it. It's a living thing. You have to honor that it is powerful, very powerful. That's true of all the blessing methods, but especially this one. You want to be really respectful and honoring with it. You don't want to clean the toilet with it or anything. I'm exaggerating, but you really want to treat it consciously with respect. It's Holy.

It doesn't really matter if the container is open or closed. Generally you keep a container closed because energies in the environment can affect water, but this water wouldn't be affected. Just as a general principle, though, it's better to keep it closed. I would keep it closed, but it wouldn't really matter. Having it open or closed wouldn't affect the frequency of the blessing. It's *super*-high frequency--not of Earth. So that's good. And it's ordinary water that you start with; it's not distilled. It has to be *living* water. It's okay if it's filtered water, but not distilled, and nothing added, like carbonation.

Once you do the blessing, don't add anything. You have to drink it straight. When you drink the water, there's nothing special to do, but do be aware that this is powerful; this isn't an ordinary blessing. It isn't ordinary water once you do this.

You can share this blessing technique with other people; there's nothing to withhold about the process. It's not privileged in any way; it just hasn't been introduced before. That's the most gracious way to bless water, in my opinion, of the five ways I can offer.

This blessed water is powerful to use for healing, too. You can warm this blessed water up, soak a cloth and put it on a problem area, bathe your feet in it, splash it on your face. You probably wouldn't have enough to bathe in, but I suppose you could, technically. It's strong enough that you wouldn't really need that; it'd be kind of overdoing it. That's a lot of water. But it's very healing.

You could even wash your hair in this blessed water. Your hair would grow in a different way if it's washed in the blessed water—from any of these blessing methods, actually. You could wash

your hair with water from all five of these blessing methods, and it would change your hair. I can't tell you how, because it would be individual, but it would change, and it would change in a positive way, in a way that supports you here on Earth. That's true for all five—you could wash your hair with it. That's a lot of water, though. A better way would be to wash your hair like you regularly wash it, rinse it, clean it, and then just for the final rinse, let the blessed water go over and through the hair. That would probably be the best way to do it. You just need to have the water on your hair. And it's actually not for your head; it's for your hair, so that's a nice thing to do.

For bald people, you don't actually have to have hair filaments; in truth, the hair is there whether you're bald or not, you just don't know it. When I see a bald person, I see that person's hair. I see his hair; it doesn't matter what his biological body is representing here.

If you use blessed water on your hair, don't do it more than once a month. Once a month is enough. You don't want to do it more frequently.